



LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

M.A. DEGREE EXAMINATION – SOCIAL WORK

FOURTH SEMESTER – APRIL 2015

SW 4955 - COUNSELLING

Date : 22/04/2015
Time : 09:00-12:00

Dept. No.

Max. : 100 Marks

Part- A

I. Answer all the following:

(10x 2 = 20 Marks)

1. Define counselling
2. What are the goals of counselling?
3. List out any four factors that shape personality.
4. What is a crossed transaction? Give an Example.
5. Mention any four characteristics of a counselling relationship.
6. Give any four ways of translating accurate empathy in actual practice.
7. Write any four values to be practiced in counselling.
8. What does the 'Principle of Beneficence' mean?
9. Write any four problems faced by married couples today.
10. Specify the necessity for career counselling.

Part-B

II. Answer any four of the following in about 250 words each: (4x10=40 Marks)

11. Write a short note on the qualities of an effective counselor
12. Explain the main constructs of the client centered theory.
13. Give details on the therapeutic ingredients of a counselling relationship.
14. Bring out the significance and relevance of counselling for social work practice.
15. What is a crisis? Bring out the role of a counselor during the process of crisis counselling.

Part-C

III. Answer any two of the following in about 500 words each:

(2x 20= 40 Marks)

16. Elaborate the contents of Rational Emotive Theory and bring out its applicability in practice with a suitable illustration.
17. Highlight the professional nature of counselling and outline its ethical standards of practice.
18. Describe the need, significance and process of counselling persons addicted to substances.
